

January 13, 2021

Facts & Frequently Asked Questions

Keswick has instituted a Visitation policy that reflects the current Federal and State regulations. Only essential staff, vendors and care providers will be allowed to enter campus buildings on a regular basis until further notice. All staff members are masked and direct care providers have additional personal protective equipment (PPE) as required.

From CMS regarding Family Gathering at the Holidays: The coronavirus disease (COVID-19) public health emergency (PHE) has been one of our nation's greatest challenges and has especially taken a toll on the nation's nursing home residents. CMS is committed to protecting the health and safety of nursing home residents at all times and especially during the challenges presented by the spread of COVID-19. We understand the emotional impact that separation from loved ones has caused. With the holiday season fast approaching, we understand that residents and their families will want to spend more time together... **Click here for more:** <https://www.cms.gov/files/document/covid-facility-holiday-recommendations.pdf>

Visitation – Keswick has suspended Indoor Family Visitations as required per Federal and State regulations. Visitation status may change based on Keswick's Outbreak Status and any changes in Federal and/or State regulations. For information regarding family visitation, **please click here:** <http://choosekeswick.org/wp-content/uploads/2020/08/Keswick-Outdoor-Visitation-Guidelines-1.pdf>.

Status of COVID-19 on the Keswick Campus:

Keswick is currently in Outbreak Status according to the MD Department of Health's definition of an Outbreak Status. The definition of an Outbreak Status is having one or more positive COVID-19 cases in either staff or residents.

Current Keswick Campus Status:

- Keswick has 5 positive COVID-19 staff cases.
- Keswick has 4 positive resident cases.

COVID-19 Cases since the Beginning of the Pandemic in March – Keswick has had a total of 127 people who have tested positive for COVID-19 since the start of the pandemic, of which 63 have been residents and 64 have been staff members. We are saddened that 17 of our positive COVID-19 residents have passed away. We offer our condolences to their families and friends.

Covid-19 Surveillance Testing – Keswick follows all federal and state regulations regarding mandated Surveillance Testing for COVID-19.

Protective Measures Taken for Residents & Staff:

- **Residents** have their temperatures taken and symptoms check each shift (3x/day) in addition to the regular care provided for each individual resident.
- **Air Circulation Safety Measures In Place** – COVID-19 is an airborne virus and can be spread with room air circulation. Keswick is keeping all ceiling fans off and windows closed thus reducing the chance of the virus moving from room to room. In addition, the air circulation units in Keswick have all been upgraded to bring in 100% fresh outside air, which constantly exchange the "old air" with

fresh outside air.

- **Staff Check-Ins** – All staff members have their temperatures checked and must answer a series of screening questions regarding possible symptoms, other work places, travel and exposure risk.
- **Lockers & Showers** – Staff members have the option of bringing an extra change of clothes and using showers and lockers in our Wise & Well Center before they leave campus.
- **Overnight Accommodations** – Staff members may elect to stay overnight on campus as needed,

Family Communication – We are making calls to one family member as a “wellness check” call between the clinical staff and the Responsible Party/Emergency Contact. Family communication with residents on the campus will be through the phone in their rooms; we are doing facetime and Zoom calls as timing allows. **Please know that communication regarding clinical concerns/change in condition with your loved one will continue uninterrupted.**

Stress Reduction & Other Life and Well-Being Resources – Please take advantage of any or all of these resources as needed on our YouTube Channel, <https://www.youtube.com/channel/UCeTK7wQU9OWEVN-vRTvIVfQ> and our website resource page, www.ChooseKeswick.org.

Paperwork – All necessary in-person paperwork processes including contracts for the admissions office as well as paperwork, payment and related items for the business office can continue to take place between the hours of 8:30am and 4pm, Monday through Friday. All transactions will take place in a designated area off the lobby.

Laundry – Laundry for all residents & rehab guests will take place on campus until further notice.

Food Delivery - Families may deliver food to the campus front desk. When you enter the building for food drop-off, you must wear a mask. Food must be in a disposable, plastic container marked clearly with the name and room number of the resident. You cannot deliver the food to the resident. You may also order food for delivery from restaurants to your loved one but all payment for food delivered to residents needs to take place when ordering, not upon delivery.

Request to Families – We ask that you refrain from calling the Nurses Stations unless you are returning a call from our clinical staff. Your understanding and support in this matter is greatly appreciated. **Please stay in touch with your loved one’s Responsible Party of record as that is the person with whom Keswick is communicating.** We request your understanding that our staff cannot answer any specifics related to those impacted by the COVID-19 virus not directly related to your loved one.

Family Hotline – To help answer any questions you may have, we have set up an informational phone line for families. The number is 410-662-4301. If you have a non-emergency question, we ask that you please leave a message on this phone line that includes the resident’s name, room number, your name and phone number and we will respond within 24 to 48 hours. We cannot accommodate non-emergency calls from families at the nurses’ stations nor can we communicate health information via email.

We understand that this is a difficult time for you and all the families of our residents; however, please know that it is our goal to approach this situation with transparency and compassion for our entire Keswick community. We are grateful to our caregivers here on the campus that are providing exceptional care to our residents and we appreciate your continued support, patience and understanding at this time. Please stay safe and well. Thank you.