

FEBRUARY 2, 2022

VISITOR COVID-19 TESTING UPDATE

Keswick has received additional information regarding Governor Hogan's current nursing home visitation guidelines. Keswick has received tests that can be self-administered by individuals upon entering the facility. *Please review the following information:*

- Visitors will be provided with a self-administered COVID-19 test, along with instructions for use, unless they provide proof of a negative test in the last 72 hours; or, if a visitor has tested positive in the past 90 days and can show that the positive result is at least 5 days earlier than the time of the visit.

According to the Health Department, visitation is not allowed if:

- **Once the visitor completes the test, if it indicates a positive result, the visitor must leave the premises. It is recommended that the visitor consult a health care provider for further guidance.**
- **Alternately, if a visitor tests negative, but exhibits signs and symptoms of COVID-19 (see reverse side), that visitor will be required to leave the premises. A negative PCR test will be required. Please consult with a community health care provider for further guidance.**
- If a visitor returns to Keswick within 72 hours of a negative self-administered test, a re-test is not required.
- Keswick will not be administering the tests for visitation at this time.

Note: These tests are provided to protect Keswick residents from contracting COVID-19 from visitors. This process will be in effect while supplies last and/or alternate guidance is received.

Symptoms of Coronavirus (COVID-19)

Know the symptoms of COVID-19, which can include the following:



Symptoms can range from mild to severe illness, and appear 2–14 days after you are exposed to the virus that causes COVID-19.

Seek medical care immediately if someone has Emergency Warning Signs of COVID-19

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Pale, gray, or blue-colored skin, lips, or nail beds, depending on skin tone

This list is not all possible symptoms. Please call your healthcare provider for any other symptoms that are severe or concerning to you.



Centers for Disease Control and Prevention
National Center for Emerging and Zoonotic Infectious Diseases

cdc.gov/coronavirus